



Advocacy Update

Sent September 8, 2010

We know this is a very busy time for all of you, now at the cusp of the High Holidays. But we want to make sure that you know about this opportunity to take an hour for yourselves to learn some economic facts that are important for women.

Many of us do not know how best to plan our participation in Social Security, pension, and savings plans. The National Women's Law Center is hosting a two-part series of webinars to help women prepare for retirement.

The two webinars are free, but registration is required:

- Planning for the Future: What Women Need to Know About Social Security - 1:00 p.m. EST on Wednesday, September 8, 2010
- What Women Need to Know About Pensions and Savings - 1:00 p.m. EST on Thursday, September 16, 2010

[Register for the webinars online today.](#)

Tashlich Ritual

To celebrate 5771, *Lilith* Magazine has sent us a new Tashlich ritual, which can be adapted or replicated, to symbolically cast away that which we regret from the past year, so that we can be open to look to the new year ahead.